



# Chronic Care Management Program (CCMP)

## Mission:

- Identify and assist Medicaid beneficiaries with chronic health conditions in accessing clinically appropriate health care information and services;
- Coordinate the efficient delivery of health care to this population by attempting to remove barriers, bridge gaps, and avoid duplication of services; and
- Educate, encourage and empower this population to appropriately self-manage their chronic conditions.

## Goal:

Improve health outcomes and reduce costs for Medicaid beneficiaries with chronic health conditions.

## Eligible Beneficiaries:

- Approximately 116,000 Medicaid beneficiaries are potentially eligible for the CCMP.
- There are approximately 25,000 beneficiaries with at least one of the following conditions:

Low Back Pain	28%
Asthma	26%
Depression	20%
Hyperlipidemia	8%
Hypertension	8%
Diabetes	5%
Arthritis	3%
COPD	2%
Ischemic Heart Disease	1%
Congestive Heart Failure	<1%
Chronic Renal Failure	<1%

## Method:

- The Center for Health Policy and Research at the University of Massachusetts Medical School was hired to provide scientific population selection and program monitoring services.
- APS Healthcare, Inc. was hired to provide Health Risk Assessment Administration and Intervention Services.



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